

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

December Journey Calendar

My Journey Activities Key

PW- Personalized and Wholeistic Care
 DD- Days with Dignity
 TA- Team Approach
 ES- Engaging the Senses
 CE- Culinary Experiences

*** Every Friday 2:00pm to 3:00pm Bible Study in 1st floor Activity Room**

***SIPS & SNACK EVERYDAY AT 10:00 AM, 3:00 PM, 6:30 PM**

SCENIC DRIVE TOURS TWICE A MONTH

**Some activities are subject to change
 ** New Activities*

1	WEDNESDAY	2	THURSDAY	3	NATIONAL PEPPERMINT LATTE DAY	4	SATURDAY						
8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Get Active w/ Pool Noodles PW 10:30 **Short Story Time ES 11:00 Small Talk ES 2:00 Drama Club CE 3:00 Music on the Patio PW 3:15 Bat the Ballon PW 4:30 Dinner Gathering PW 6:30 Musical Movie Night ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Name that Tune ES 2:00 **Cooking Small Bites ES 3:00 Exercise with Denise PW 3:30 Nails & Hand Massages ES 4:30 Dinner Gathering PW 6:30 Western Movie ES	8:30 Breakfast PW 9:00 Daily Chronicles ES 9:45 Get Activie with Balls PW 10:00 Nail Spa Time ES 11:00 Swat the Balloon PW 2:00 Make your own Peppermint Latte ES 3:00 Puzzles and Games ES 4:30 Dinner Gathering ES 6:30 Movie & Popcorn ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Exercise with Balls PW 10:30 Explore The Globe Video DD 2:00 Hand Massages CE 3:00 Popcorn Social ES 4:30 Dinner Gathering PW 6:30 Musical Movie Night ES										
5	SUNDAY	6	MONDAY	7	TUESDAY	8	WEDNESDAY	9	NATIONAL PASTRY DAY	10	FRIDAY	11	SATURDAY
8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Swat the Balloon DD 10:30 Karaoke ES 2:00 Work out with Weights ES 3:00 Outdoor Swat the Balloon PW 3:30 Sing-A-Long PW 4:30 Dinner Gathering PW 6:30 Popcorn & Movie PW	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Joke Time ES 10:15 Exercise with Pool noodles PW 10:45 Small Talk DD 2:00 Finish The Lyrics DD 3:00 Creative Painting PW 4:30 Dinner Time PW 6:30 Resident Pick Movie Night ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Pom Pom Coordination Exercise PW 10:30 Fun Trivia PW 11:00 **What would you do? ES 1:30 *Everyday Life Trivia ES 2:30 Arts & Crafts ES 3:00 Snack Social ES 4:30 Dinner Gathering ES 6:30 Popcorn & Movie PW	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Get Active w/ Pool Noodles PW 10:30 **Short Story Time ES 11:00 Small Talk ES 2:00 Drama Club CE 3:00 Music on the Patio PW 3:15 Bat the Ballon PW 4:30 Dinner Gathering PW 6:30 Musical Movie Night ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Name that Tune ES 1:30 Music Therpy w/ Irby ES 2:45 **Cooking Small Bites PW 3:30 Nails & Hand Massages ES 4:30 Dinner Gathering PW 6:30 Western Movie ES	8:30 Breakfast PW 9:00 Daily Chronicles ES 9:45 Get Activie with Balls PW 10:00 Nail Spa Time ES 11:00 Swat the Balloon PW 2:00 Ice Cream Social ES 3:00 Puzzles and Games ES 4:30 Dinner Gathering ES 6:30 Movie & Popcorn ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Exercise with Balls PW 10:30 Explore The Globe Video DD 2:00 Hand Massages CE 3:00 Popcorn Social ES 4:30 Dinner Gathering PW 6:30 Musical Movie Night ES							
12	SUNDAY	13	MONDAY	14	TUESDAY	15	WEDNESDAY	16	NATIONAL LEMON CUPCAKE DAY	17	FRIDAY	18	SATURDAY
8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Swat the Balloon DD 10:30 Karaoke ES 2:00 Work out with Weights ES 3:00 Outdoor Swat the Balloon PW 3:30 Sing-A-Long PW 4:30 Dinner Gathering PW 6:30 Popcorn & Movie PW	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Joke Time ES 10:15 Exercise with Pool noodles PW 10:45 Small Talk DD 2:00 Music w/ Matt DD 3:00 Creative Painting PW 4:30 Dinner Time PW 6:30 Resident Pick Movie Night ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Pom Pom Coordination Exercise PW 10:30 Fun Trivia PW 11:00 **What would you do? ES 1:30 Drum Circle Exercise ES 2:00 Cooking with Chef Jose ES 3:15 **HOLIDAY CRAFT ES 4:30 Dinner Gathering ES 6:30 Popcorn & Movie PW	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Name that Tune ES 2:00 **Cooking Small Bites ES 3:00 Exercise with Denise PW 3:30 Nails & Hand Massages ES 4:30 Dinner Gathering PW 6:30 Western Movie ES	8:30 Breakfast PW 9:00 Daily Chronicles ES 9:45 Get Activie with Balls PW 10:00 Nail Spa Time ES 11:00 Swat the Balloon PW 2:00 Ice Cream Social ES 3:00 Puzzles and Games ES 4:30 Dinner Gathering ES 6:30 Movie & Popcorn ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Exercise with Balls PW 10:30 Explore The Globe Video DD 2:00 Hand Massages CE 3:00 Popcorn Social ES 4:30 Dinner Gathering PW 6:30 Musical Movie Night ES								
19	SUNDAY	20	MONDAY	21	TUESDAY	22	WEDNESDAY	23	THURSDAY	24	NATIONAL EGG NOG DAY	25	CHRISTMAS DAY
8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Swat the Balloon DD 10:30 Karaoke ES 2:00 Work out with Weights ES 3:00 Outdoor Swat the Balloon PW 3:30 Sing-A-Long PW 4:30 Dinner Gathering PW 6:30 Popcorn & Movie PW	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Joke Time ES 10:15 Exercise with Pool noodles PW 10:45 Small Talk DD 2:00 Drum Therpy w/ Melena DD 3:00 Creative Painting PW 4:30 Dinner Time PW 6:30 Resident Pick Movie Night ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Pom Pom Coordination Exercise PW 10:30 Fun Trivia PW 11:00 **What would you do? ES 1:30 *Everyday Life Trivia ES 2:30 **Holiday Cookie Making ES 3:00 Snack Social ES 4:30 Dinner Gathering ES 6:30 Popcorn & Movie PW	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Name that Tune ES 2:00 **Cooking Small Bites ES 3:00 Exercise with Denise PW 3:30 Nails & Hand Massages ES 4:30 Dinner Gathering PW 6:30 Western Movie ES	8:30 Breakfast PW 9:00 Daily Chronicles ES 9:45 Get Activie with Balls PW 10:00 Nail Spa Time ES 11:00 Swat the Balloon PW 2:00 Egg Nog & Sharing Holiday Stories ES 3:00 Puzzles and Games ES 4:30 Dinner Gathering ES 6:30 Movie & Popcorn ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Exercise with Balls PW 10:30 Explore The Globe Video DD 2:00 Hand Massages CE 3:00 Popcorn Social ES 4:30 Dinner Gathering PW 6:30 Musical Movie Night ES								
26	SUNDAY	27	MONDAY	28	TUESDAY	29	WEDNESDAY	30	NATIONAL BACON DAY	31	NEW YEARS EVE		
8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Swat the Balloon DD 10:30 Karaoke ES 2:00 Work out with Weights ES 3:00 Outdoor Swat the Balloon PW 3:30 Sing-A-Long PW 4:30 Dinner Gathering PW 6:30 Popcorn & Movie PW	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Joke Time ES 10:15 Exercise with Pool noodles PW 10:45 Small Talk DD 2:00 Finish The Lyrics DD 3:00 Creative Painting PW 4:30 Dinner Time PW 6:30 Resident Pick Movie Night ES	8:30 Breakfast PW 9:30 Daily Chronicles ES 9:45 Pom Pom Coordination Exercise PW 10:30 Fun Trivia PW 11:00 **What would you do? ES 1:30 Drum Circle Exercise ES 2:00 **Cooking with Chef Jose ES 3:15 **Bringing in The New Year Craft ES 4:30 Dinner Gathering ES 6:30 Popcorn & Movie PW	8:30 Breakfast PW 9:30 Daily Chronicles ES 10:00 Name that Tune ES 2:00 **Cooking Small Bites ES 3:00 Exercise with Denise PW 3:30 Nails & Hand Massages ES 4:30 Dinner Gathering PW 6:30 Western Movie ES	8:30 Breakfast PW 9:00 Daily Chronicles ES 9:45 Get Activie with Balls PW 10:00 Nail Spa Time ES 11:00 Swat the Balloon PW 2:00 Ice Cream Social ES 3:00 Puzzles and Games ES 4:30 Dinner Gathering ES 6:30 Movie & Popcorn ES									